

# FACE TO FACE

## Dudley Danoff, M.D.

A urologist-to-the-stars talks penis power and male sexuality in advance of his appearance in Monterey.

By David Schmalz

**D**r. Dudley Danoff knows him some penis. The Los Angeles-based urologist is founder and president of the Cedars-Sinai Tower Urology Medical Group, and since 2002, has acted as urology surgeon-in-chief for the King of Thailand. He's also the author of *Penis Power*, a 2011 book about male sexual health that's been praised by the likes of Larry King, Wolfgang Puck, Bill Paxton and Johnny Mathis. (Mathis' blurb: "It is great to see a volume that produces such a constant flow of information. The information fills nearly every void on the subject and finally exposes the long and short of it.") The *Weekly* had a chance to catch up with Danoff before he visits Monterey June 6-8 to speak at a conference for the American Association of Sexuality Educators, Counselors & Therapists.

**Why do you think the word penis still inspires so many giggles, or is seen as a pejorative?**

I'm sure it has to do historically with our forefathers who came over on the Mayflower. We're still a very modest society in America. It goes back to our Puritanical nature. Every radio interview I've done, I always have to give that little speech: "The penis is not a pejorative word. It's a body part, get over it."

**In your book you call the penis an organ of expression. Can you expand on that?**

I think I'm taking some poetic license. But I do think there's a lot of truth to it. The penis is very sensitive to anger, to anxiety, to passion.

**Would it be fair to say a lot of the things you write in your book are based on your own observations, and not backed by hard scientific studies?**

I say modestly I've seen more penises than can fill the Rose Bowl. I don't know anyone in the world that has seen or examined more penises. When you talk about scientific studies, what is science? You make an observation, you gather the data and then you draw some conclusions based on the data. The observations are made from 30-plus years of examining men and their genitalia, so it's very scientific.

**Have you seen many men who have sought out penis enlargement?**

Men are obsessed with penis size, but you can't do anything about it,

"You do not stop having sex because you get old," Danoff says. "You get old because you stop having sex."

and I don't think a lot of men in reality seek out phalloplasty (penis enlargement). First of all, it's surgically impossible. It doesn't work. The penis is not a static organ. It goes from a sleepy little midget to quite large and firm. If it could be done, I'd be retired on a beautiful island in the South Pacific.

**You write a man receiving oral sex has a unique effect on arousal.**

Oral sex is called a blow job, but that's a misnomer. It's a suck job. What the sucking action does is create negative pressure, a semi-vacuum. The negative pressure reduces venous flow. It allows the penis to fill with blood passively. It's a very interesting phenomenon.

**You talk about becoming a "super-potent man." How would you sum up how a man can become super-potent?**

Simply stated, it's the power of positive thinking as applied to the penis. I'm great, you're great. Everything positive, nothing negative. You're my friend, my most reliable buddy, I feel good about myself, my body image, my penis.

**What are the key things you hope people take away from your book?**

Number one, when it comes to male genitalia, your penis is your penis. You can't change it, you can't make it bigger, longer or wider. It's as reliable as you think it is. You have to feel comfortable with your own sexuality. You are what you are, you have to feel good about yourself. You have to have a positive attitude, the glass is always half full. That's the essence of penis power and that's the essence of my book. If you want to be a happy man, that's got to be your attitude. ★



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